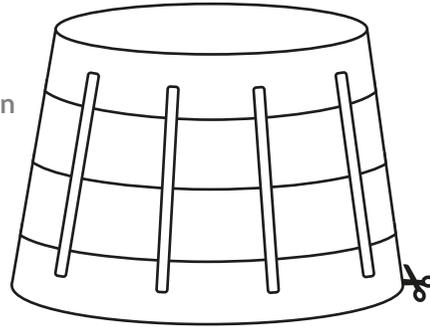


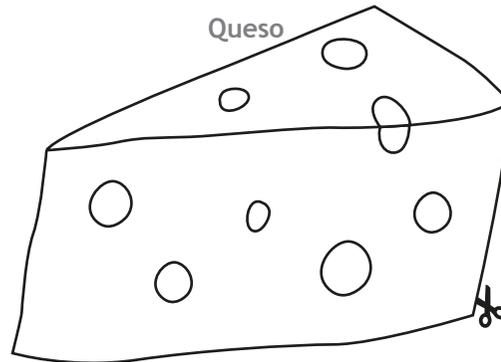
## LÁCTEOS

## FRUTAS

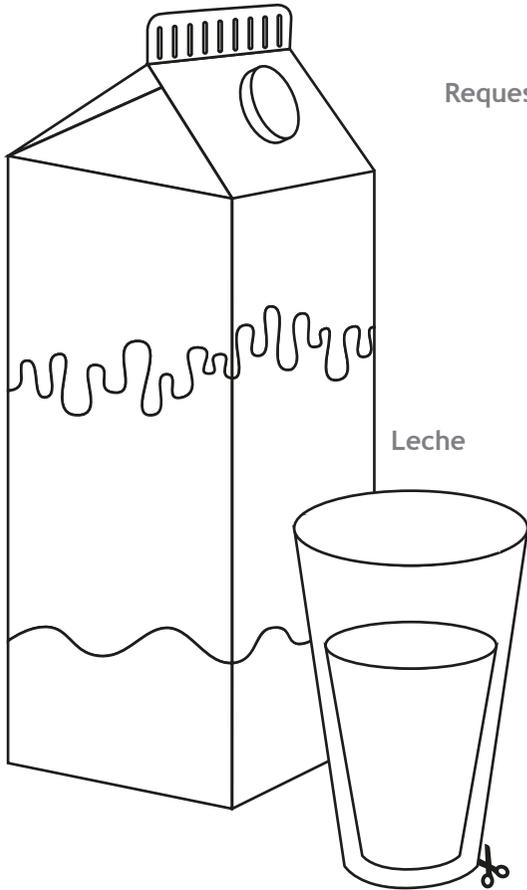
Requesón



Queso



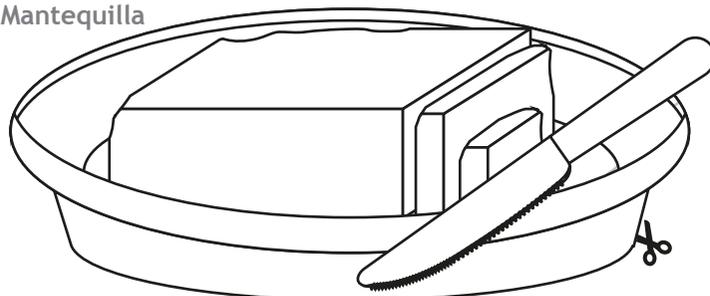
Leche



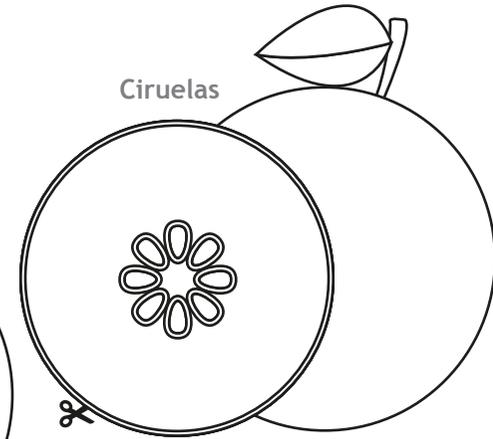
Yogur



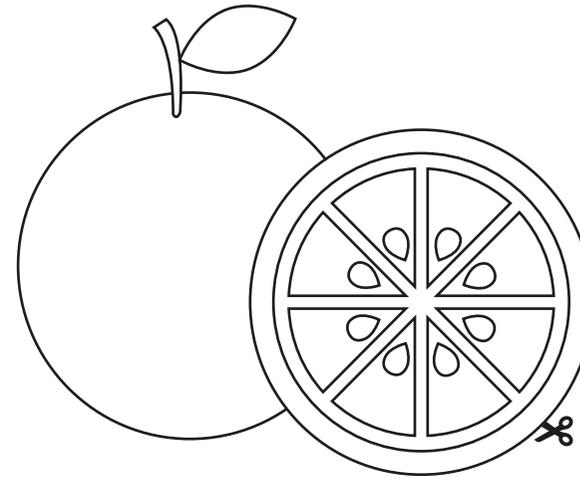
Mantequilla



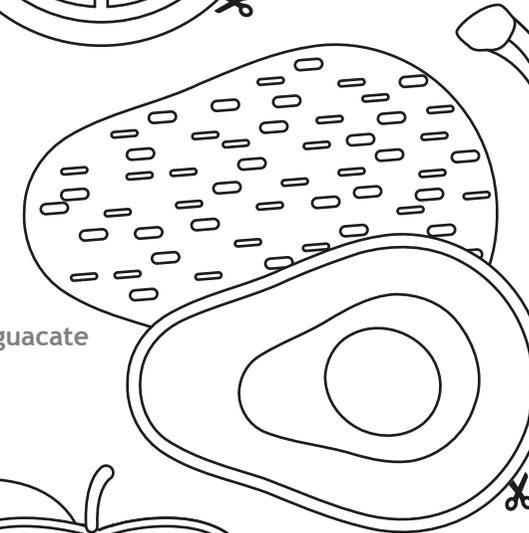
Ciruelas



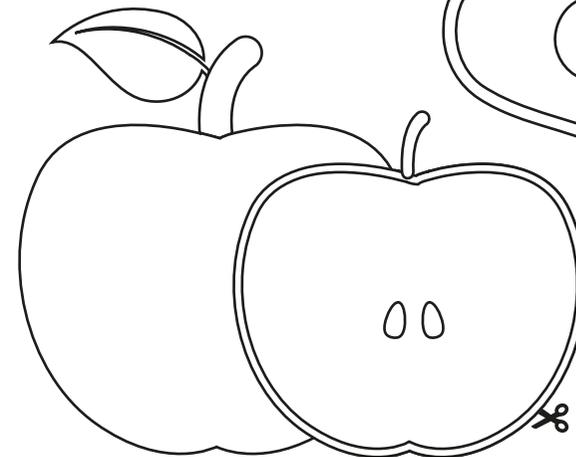
Naranja



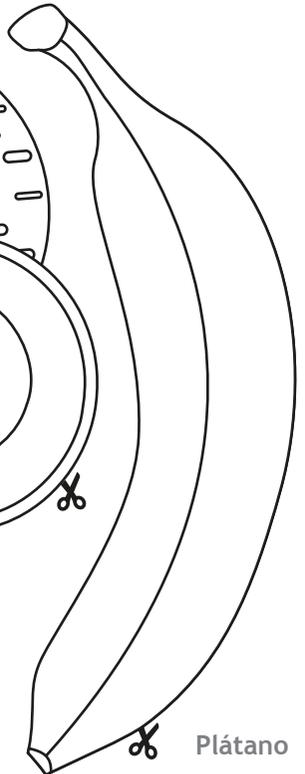
Aguacate



Manzana

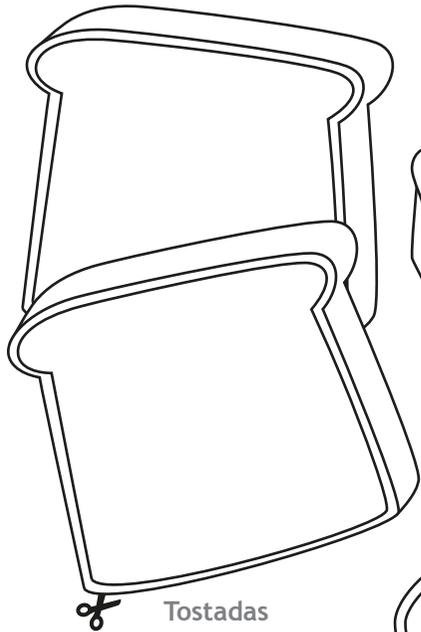


Plátano

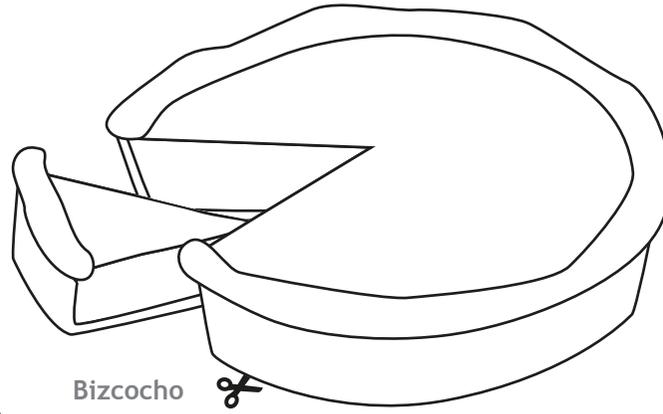


## CEREALES

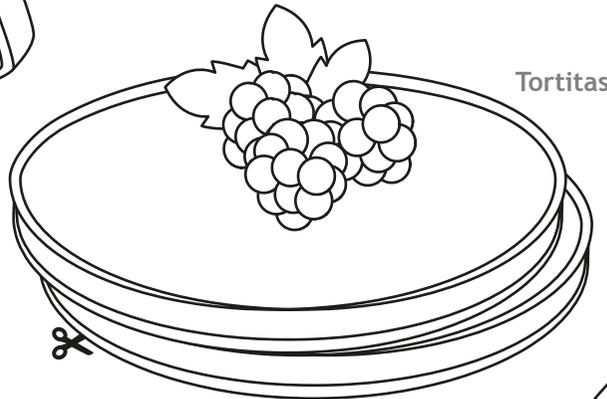
## CARNES, PESCADOS Y OTROS



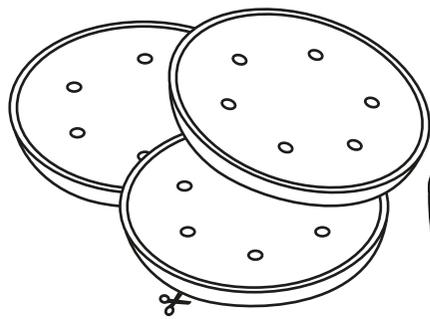
Tostadas



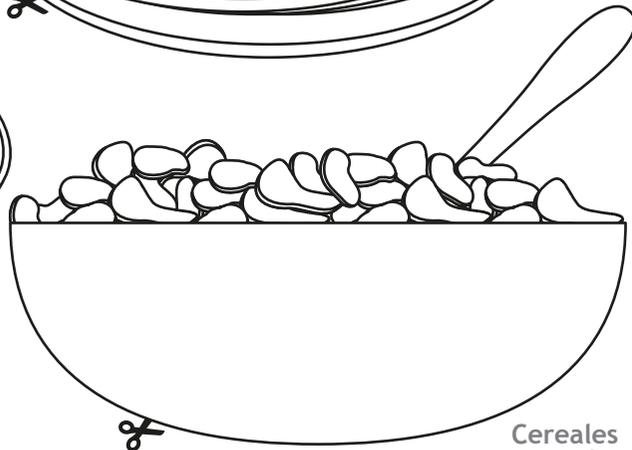
Bizcocho



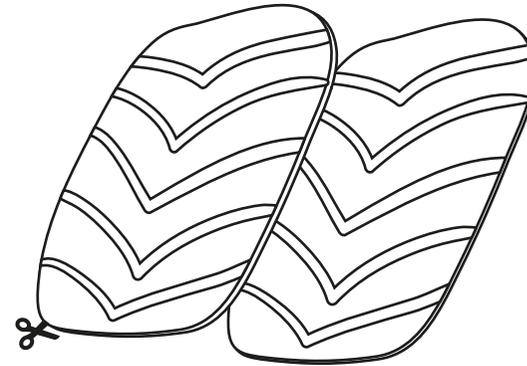
Tortitas



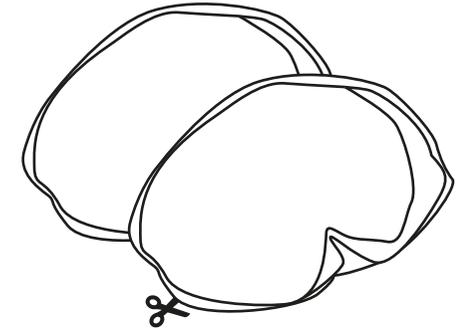
Galletas



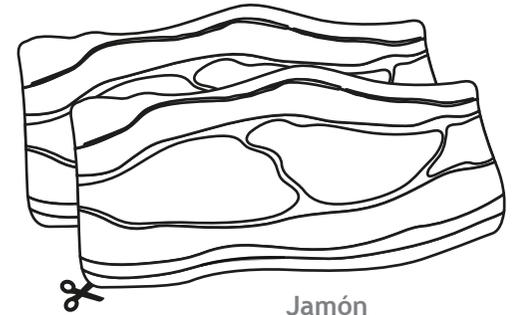
Cereales  
sin azúcar



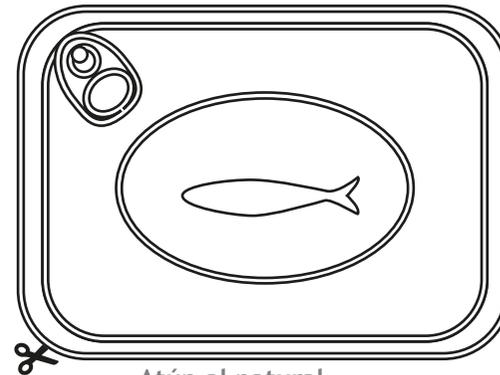
Salmón ahumado



Lomo



Jamón

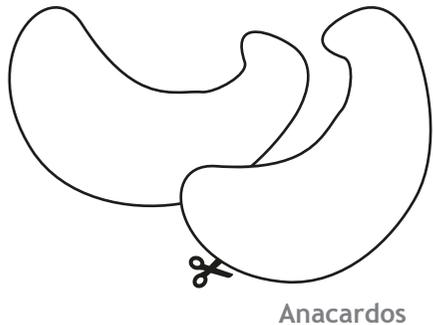
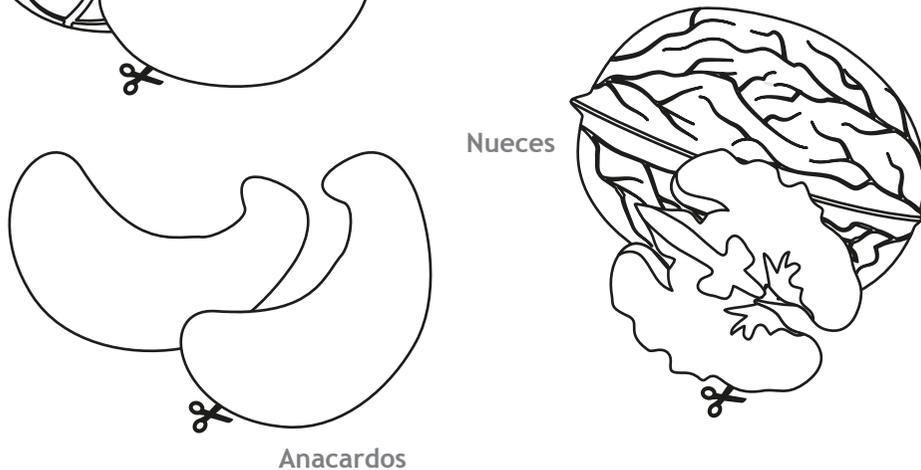
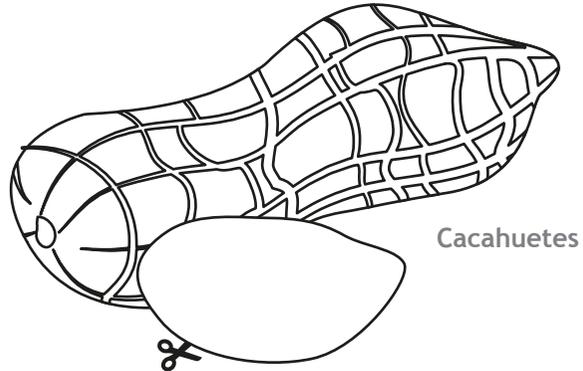
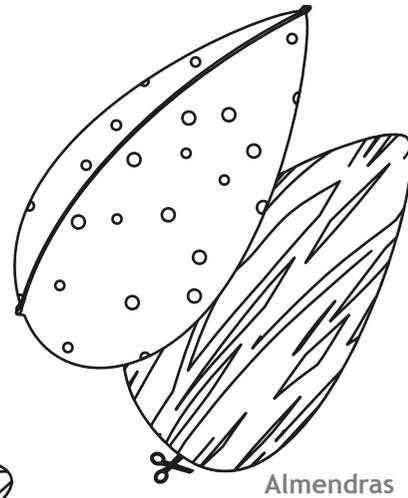


Atún al natural



Huevo duro o tortilla

## FRUTOS SECOS



## VERDURAS, HORTALIZAS Y LEGUMBRES

